Make Your Mark!

METROSQUASH IMPACT REPORT 2018-2019
Dear MetroSquash Supporters:

“Make Your Mark!” That is the message we aim to instill in our students every day. For the past 14 years, our students have been making their mark on the courts, in the classrooms, in their communities, on their college campuses, and most recently, in their careers.

Students at our flagship program site in Woodlawn continue to make great strides with a post-secondary enrollment rate of 100% and a college persistence rate of 88%. We are particularly proud of our alumni base, over 85% of whom are employed with a family-sustaining career. In addition, the Hussain MetroSquash Center was an official host of the PSA World Championships, where our students had the opportunity to see top squash professionals competing on our own courts.

We are very proud to have completed our first year of serving students in Evanston. We successfully recruited a cohort of 20 6th-grade students from Chute and Nichols Middle School in addition to running a six-week summer camp for over 30 students. We look forward to doubling the size of the program this fall and serving up to 40 6th- and 7th-grade students.

We hope you enjoy this year’s impact report highlighting the four pillars of our pathway program, our Evanston expansion, and our summer engagement. We also encourage you to visit our newly designed website at www.metrosquash.org, which has additional information and outcomes. Lastly, we wanted to put two special 2020 events on your radar: our 5th MetroSquash Cup in April and our 15th Anniversary Gala in October. We are truly grateful for your engagement and continued support.

Sincerely,

Brian Sedlak
Board Chairman

David Kay
Chief Executive Officer
Our Holistic Approach

 Academics & Enrichment
• Academic Goal Setting, Monitoring, & Support
• SAT/SSAT/ISEE Test Preparation
• Saturday Tutoring & Enrichment
• High School Placement Services
• Summer Engagement Opportunities

 College & Careers
• College Tours
• College Access and Success Programming
• Career Advising and Internship Placement
  • On-Campus Advising and Support
  • Alumni Engagement

 Squash & Fitness
• Individualized Coaching
• Traveling Opportunities
• Fitness Activities
• Nutrition Awareness
• Competitive Tournaments

 Social Work & Supportive Services
• Individual & Family Counseling
• Community Service
  • 1:1 Mentoring
• Socio-Emotional Learning
  • YPQI Assessment Tool

Our 5th Grade through postsecondary—12 years of support!

300 hours of OST yearly participation

Over 20 days of summer engagement

Over 35 weekends of Activities

5thGrade

postsecondary-12
years of support!
GOAL: To support students in realizing their full academic potential.

All students receive academic support three days a week at MetroSquash. In partnership with students and families, MetroSquash staff utilize analysis paired with data and tracking tools to develop individualized plans to support each student in realizing their goals and improving school and program outcomes.

6th-Grade Student, Vanderpoel Elementary
Joined MetroSquash in 5th Grade

Just in her first year of MetroSquash, Ochún has shown enormous growth, in large part due to how fully she has embraced the academic program. She has consistently worked hard to improve in the classroom and has taken full advantage of additional weekend opportunities to challenge herself and improve her skills; she has put in over 20 hours of optional Saturday tutoring. In addition, since Ochún seeks out individual assistance from our tutors, she increased her math scores by 35% and her overall GPA by 20%. Because of her commitment to academics, Ochún has been offered several squash opportunities, which is very impressive for a 5th-grade student.

Students scored 233 points above their CPS peers in SAT scores

77% of middle school students increased their math and reading scores

OCHÚN WINTERS-PALACIO

Our students represent 50 middle and high schools:

Andrew Carnegie Elementary School
Ariel Community Academy*
Beacon Academy
Beasley Academic Center
Bret Harte Elementary
Bronzeville Scholastic
Brother Rice High School
Burnside Scholastic Elementary
Chute Middle School*
CICS: Avalon
De La Salle Institute
Dixon Elementary
Fiske Elementary*
Franklin Fine Arts Center
Gary Comer College Prep*
Gary Comer College Prep Middle School
GEMS World Academy
Gwendolyn Brooks College Prep Academy
Haines Elementary
Hansberry College Prep
Hubbard High School
Jackson Language Academy
Jones College Prep
Keller Regional Gifted Center
Kenwood Academy*
King College Prep*
Kozminski Community Academy*
Lane Tech High School
Lincoln-Way East Community High School
Lindblom Math & Science Academy
Little Black Pearl Art and Design Academy
Marquette Elementary
Morgan Park High School
Murray Language Academy
Nichols Middle School*
Ogden International School of Chicago
O’Keeffe Elementary School
Ray Elementary School
Reavis Elementary Math & Science Specialty School
Simeon High School
South Shore International College Prep
St. Thomas the Apostle School
University of Chicago Lab School
UCHicago Charter School – Woodlawn Campus*
Urban Prep - Englewood
Wadsworth Elementary School*
Walt Disney Magnet Elementary School
Walter Payton College Prep
Whitney Young Magnet
Woodlawn Elementary Community School

*Denotes partner school
College & Careers

GOAL: To support students in realizing their post-secondary goals and exploring various career paths.

The MetroSquash College & Careers Program supports students in realizing their post-secondary goals. Students are equipped with the skills needed to transition to their best-fit post-secondary program. MetroSquash continues to support students through the completion of their post-secondary pursuits so that our young people have equal access to the best career opportunities.

88% on track to graduate
92% of post-secondary students were interning, working, studying abroad, or taking classes this summer
100% post-secondary enrollment
3 classes of college graduates
18 alumni in cohort

Post-Secondary

POST-SECONDARY INSTITUTIONS OUR STUDENTS ATTEND:
- Alabama A&M
- Albion College
- Bates College
- Chicago State University
- Clark-Atlanta University
- Coe College
- College of Wooster
- Connecticut College
- DePaul University
- DePauw University
- Eastern Illinois University
- Grand Valley State University
- Hampton University
- Harold Washington College
- Illinois Institute of Technology
- Indiana State University
- Ivy Tech
- Lake Forest College
- Lehigh University
- Lincoln College
- Lincoln University
- Loyola University
- Smith College
- Southern Illinois University
- Spelman College
- St. Lawrence University
- United States Air Force Academy
- University of Illinois at Chicago
- University of Illinois at Springfield
- University of Illinois at Urbana-Champaign
- University of Vermont
- Washington University in St. Louis
- Wesleyan University

Alumni

COMPANIES OUR ALUMNI WORK AT:
- Cora Chicago
- Community Brands
- Hertz
- Meritain, an Aetna company
- Merrill Edge Bank of America
- MetroSquash
- Root Insurance
- South Shore Drill Team
- Teach for America
- Citibank
- The Chicago Board of Trade
- Covalence
- Enterprise Rent-A-Car
- Gyspy moth Capital
- Halberd Global
- Illinois Sportsmen’s Association
- Impress Employment Group
- Inner City Youth Athletics
- Integris Energy
- Infinia
- Republicans in Entertainment
- South Shore Drill Team
- Teach for America
- The University of Chicago
- U.S. Chamber of Commerce
- Urban League
- University of Chicago
- University of Illinois at Springfield
- University of Illinois at Urbana-Champaign
- University of Vermont
- Wesleyan University
- University of Illinois at Chicago
- University of Illinois at Urbana-Champaign
- University of Vermont
- Wesleyan University

4th Year in College, Lehigh University
Joined MetroSquash in 7th Grade

William is an incredible example of a post-secondary student who has taken advantage of every opportunity presented to him. William, the first member in his family to attend college, is the president of the class of 2020. By the spring semester of his first year, he also became facility supervisor at his college gym, a TRAC fellow and a Hawks peer mentor. He was able to stay committed to these responsibilities while maintaining a 3.6 GPA. Regarding his career preparation, William has had some amazing internships with OneMain Financial, PricewaterhouseCoopers, and most recently Citigroup NYC. He was recently offered a full-time job after graduation as a global power and utilities investment banker.
Squash & Fitness

GOAL: To empower students to be fit, healthy and active.

MetroSquash’s athletic program combines the expertise of squash professionals, fitness experts and volunteers to provide best-in-class instruction for students. Sessions focus on improving students’ technical squash skills, match play ability, and fitness level. Through the sport of squash, students learn the important lessons of goal setting, discipline, and teamwork.

11th-Grade Student, Urban Prep

Joined MetroSquash in 7th Grade

Bryant is a shining example of a student that has fully immersed himself into our squash and fitness program. He became one of our first students ever to receive an individual gear sponsorship through Dunlop. With a strong GPA and great commitment to our program, Bryant has been invited to 13 competitive squash tournaments this past year and attended five squash camps across the country this summer. He has played squash in six states and even internationally in El Salvador. Lastly, he achieved the second-highest squash skill-testing score in our entire roster, which testifies to how much effort he puts forth in weekly practices.

34% increase in PACER test results

2 student individual gear sponsorships: Black Knight and Dunlop

4 collegiate squash players

48 students traveled out of the state

6 played internationally

Where Our Students Played Squash This Year

California

Illinois

Maine

Maryland

Massachusetts

Michigan

Minnesota

Pennsylvania

Ohio

Virginia

Connecticut

Michigan
Social Work & Supportive Services

GOAL: To foster a safe and positive learning environment while equipping students with the tools, resources, and support they need to lead a healthy and fulfilling life.

The Social Work & Supportive Services team recognizes that to meet the needs of our students, families, and community, we must provide support in areas other than in the classroom and on the squash court. The Social Work Department is the final piece to the holistic puzzle, and we focus on strengthening our students’ emotional health and well-being.

The Youth Program Quality Intervention or (YPQI) is a program evaluation tool that MetroSquash utilizes to ensure that our staff are engaging in healthy youth practices when working with our students. This tool assesses our squash and academic programming in four key areas, which research shows have been linked to positive outcomes such as improved test scores, grades, and positive behavioral outcomes.

The YQPI Assessment Tool

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<th>Safe Environment</th>
<th>Supportive Environment</th>
<th>Interaction</th>
<th>Engagement</th>
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<td>Staff Support Youth in Skill-Building</td>
<td>Belonging</td>
<td>Planning</td>
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<td>Accommodating Environment</td>
<td>Active Engagement From Youth</td>
<td>Collaboration</td>
<td>Choice</td>
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<td>Nourishment</td>
<td>Reframing Conflict</td>
<td>Leadership</td>
<td>Reflection</td>
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<tr>
<td>Collaboration</td>
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</tr>
</tbody>
</table>

Over 1,300 hours of one-on-one mentoring

1079 hours of community service

13 community service projects

44 active mentor pairings

11th-Grade Student, Beacon Academy

Joined MetroSquash in 5th Grade

Crystal, who originally lived on the South side of Chicago, was accepted into Beacon Academy and moved to Evanston, IL two years ago. She remains connected to the MetroSquash program through the Social Work Department’s Satellite Support Program. This resource provides bi-weekly communication, care packages, consideration for squash tournaments, and ultimately aims to keep students involved with MetroSquash even when they cannot be physically present. Crystal remains an active member of the Beacon squash team and has spoken to the new Evanston students about her MetroSquash journey. She has also volunteered at our new Evanston location and participated in our annual MetroSquash Cup.
SERVED A TOTAL OF 20 STUDENTS | 87% average attendance

93% of participants come from households with demonstrated need*

“MetroSquash has helped me express myself more, and I’ve gained social, academic, and squash skills.”
- Rodrigo S., 6th Grade, Chute

80 community service hours completed

32 squash tournament entries

34% increase in PACER test results
The Progressive Aerobic Cardiovascular Endurance Run (PACER) is a multistage shuttle run designed to measure aerobic capacity.

60% increase in math scores

Ethnicity Breakdown
- African-American/Black: 47%
- Latino/Hispanic: 33%
- Multicultural/Other: 20%

Built partnerships with:
- Chute Middle School
- Nichols Middle School
- Beacon Academy
- Northwestern University

*Defined as first-generation college-bound students, and/or students qualifying for free or reduced lunch, and/or residing in a household where English is not the primary language.

Celebrating the Inaugural Year of METROSQUASH Evanston!

93%

Special thanks to the MCGAW YMCA for their integral partnership that provided us with the space to impact Evanston youth.
Summer Engagement

GOAL: To reduce the summer learning loss and provide safe activities for our students.

MetroSquash strives to provide each student with opportunities to participate in at least one enriching summer opportunity, including squash and fitness camps, academic camps, enrichment camps, squash tournaments, college visits, post-secondary internships, and our internal Woodlawn and Evanston Squash, Academic, and Enrichment Camps. By partnering with community groups and expanding our in-house summer camp, we are able to keep more students in a safe learning environment.

Internal Camps

**WOODLAWN**
- 4 camps
- 135 students
- 9 weeks

**EVANSTON**
- 6 weeks
- 30 students
- 1 camp

External Opportunities

**ACADEMIC CAMPS**
7th-grade student Rodrigo attended Northwestern’s Center for Talent Development’s 3-week program, where he earned high school credit for completing a robotics course while living on campus.

Six middle school students participated in StoryArts, where they explored their personal and community narratives through different artistic mediums with a focus on digital storytelling.

**SQUASH CAMPS**
D’Andre and Jamya had the incredible opportunity to travel to London, England for an international squash camp taught by Brian Patterson.

Four students attended SEA’s Stanford Squad Camp, where they perfected their squash skills under the leadership of Stanford’s squash coach, Mark Talbott.

**ENRICHMENT CAMPS**
Seven students attended wilderness camps, including Camp Echo and Hayo-Went-Ha in Michigan, Camp Dudley and Kiniya in Vermont, and Camp Kooch-i-ching in Minnesota.

Israel and Idalis participated in SEA’s Citizenship Tour, where they met with journalists and members of Congress in New York and DC to learn the importance of public service.

**POST-SECONDARY INTERNSHIPS**
Makafui participated in the Obama Foundation’s Community Leadership Corps, which is a six-month community leadership development program to engage more deeply in civic work.

Kayland experienced an exciting two-month internship in the Sponsorships Department at Chicago Sky, a team in the Women’s National Basketball Association.

We are grateful to the Caerus Foundation for providing funding to support 40 external summer opportunities these past two years.
**Leadership**

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- Kai-Hsin Wang
- Reeve Waud
- Joseph Whalen

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- Ted Terry
- Eden Testamariam
- Alicia Warren
- James Warren

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- Janaí Meyer, Chief Program Officer
- Mary Sillah, Facility & Community Affairs Director
- Ryan Jameson, Development Manager
- Jessica Enríquez, Manager of Academics & High School Placement
- Britanni Kindle, Manager of Social Work & Supportive Services
- Raya Petty, Manager of College & Careers
- Claudia Labrea, Evanston Program Director
- Julie Monrad, Manager of Squash & Fitness
- Seeeteeon Torres, Senior Squash Coordinator
- Tarina Bradshaw, Manager of Fitness & Transportation
- Jas Cornell, Senior Academic Coordinator, 9th & 10th
- Kareemah Bates, Development & Volunteer Coordinator
- Marnee Irby, Evanston Academic Coordinator
- Khadijah Muhammad, College & Careers Coordinator
- Kirina Gair-MacMichael, Evanston Squash Coordinator
- Gabriel Burton, High School Squash Coordinator
- Riley Llewellyn, AmeriCorps Middle School Enrichment & Placement Specialist, 7th & 8th
- Stephen Bartram, Individual Giving & Foundations Coordinator
- Aliyah Singleton, High School Coordinator, 11th & 12th
- Charé Gilliam, Middle School Coordinator, 5th & 6th
- Mike Masius, Evanston Squash Coach
- Ismail Rashid, Driver & Facility Assistant

**Partners**
MetroSquash is proud to partner with the following organizations and companies who provide additional opportunities and resources to our students and programs:
- After School Matters*
- AmeriCorps
- Big Brothers, Big Sisters
- Chicago Scholars
- Cubs Scholars
- Daniel Murphy Scholarship Fund
- Link Unlimited
- LUV Institute*
- McGaw YMCA
- MENTOR Illinois
- Northwestern University
- Posse Foundation
- Preservation of Affordable Housing (POAH)
- University of Chicago
- University of Chicago Laboratory Schools
- Up2Us
- Woodlawn Resource Center
- William Blair*
- XAInvestments*

This year, MetroSquash received an “Exemplary” program rating from the Squash + Education Alliance (SEA)–the highest accreditation this 19-member oversight body can bestow on an urban squash program.

**William Blair**
Special thanks to William Blair for their impactful 2-year partnership! Because of their commitment, MetroSquash has been able to strengthen our career readiness program and provide more opportunities to our post-secondary students to gain meaningful professional experiences.

**WOODLAWN**
6100 S. Cottage Grove Avenue
Chicago, IL 60637

www.metrosquash.org
(773) 241-5150
info@metrosquash.org

**Evanston**
990 Grove Street, Suite 405
Evanston, IL 60201
2018-2019 Supporters

$100,000 & Above
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The Kovas Family
William Blair & Co

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The Walter Group & World Championships Committee

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The TWR Foundation
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$500 to $999
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$250 to $499
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Philip Varoy & Inezco
Michael B. & Judy Zedalis

$2,500 to $4,999
Zach Archer
Stephen Bartram

$500 to $999
William Adams
Robert Akil
Christina Allard
Joni Zindel

If your name is misspelled or missing, if you have corrections, please contact Ryan Jameson at ryan@metrosquash.org.

Donors

MetroSquash would like to thank all of its 2018-19 fiscal year (September 2018 - August 2019) donors and supporters.

Post-Secondary Success Fund

Chaired by Bill Hunter and Tina Wardrop, the Post-Secondary Success Fund is a special initiative to support funds to our post-secondary students in completing their degree. This support helps cover costs including tuition, transportation, books, and supplies. We are grateful to the following individuals and foundations for contributing to this fund which currently totals $590,000 of our $1M goal.

• John Cashman
• Patricia Cox
• The Crown Family
• Jim and Andi Gordon
• Hunter Family Foundation
• The Steans Family Foundation
• The Wardrop Family

If you are interested in learning more about the fund, please contact Stephen Bartram at 872-731-2301 or stephen@metrosquash.org.
MARK YOUR CALENDARS FOR THESE TWO SPECIAL EVENTS IN 2020!

THE 5TH ANNUAL METRO SQUASH CUP 2020
4.17 & 4.18
The Racquet Club of Chicago & The Hussain MetroSquash Center
www.metrosquash.org/cup

METROSQUASH GALA ANNIVERSARY
The Field Museum
www.metrosquash.org/gala
10.22.20

If you are interested in participating in the Cup or becoming a sponsor for the Cup or Gala, please contact Development Manager Ryan Jameson at ryan@metrosquash.org or 872-731-2310.